

SUP Days

(Sign up for any/all)

Kids aged 7-13

Monday 7/10 - Meet at Lake Forest boat ramp

Wednesday 7/12 - Meet at Village Lake boat ramp

Monday 7/17 - Meet at Lake Forest boat ramp

Wednesday 7/19 - Meet at Village Lake boat ramp

8-11am (Arrive by 7:45am)

\$75 per day, per child

Wear - quick dry material clothing (shirt/shorts), closed toed water shoes. Bring - towel, water, snack, sun screen

Includes SUP rental

Kids will explore the lake with trained instructors, learning the basics of stand-up paddling, water safety, Leave No Trace skills, gear and more. The adventure will include games, races and other fun activities. A variety of boards will allow campers to try different shapes, sizes and materials, while gaining confidence on the water. Students leave with lasting memories, new friends and a passion for paddling that can last a lifetime.